

## FLY FINDS

# 24 HOURS IN STELLENBOSCH

I love Stellenbosch: the wine, the food, the markets, the *boets*: it has everything. So when Cape Country Routes invited me to spend a day in Stellies, of course I said yes!

We spent the night at Evergreen Manor & Spa, a quaint hotel in the old part of town, where owners Riel and Christina welcomed us with bubbly and open arms. The Victorian manor was built in 1904 and lovingly restored by Riel and Christina. Each room is pretty spacious (I've lived in apartments that could fit inside one of those rooms) and is individually decorated with period and antique furnishings. There's a pool, and a wellness centre that offers treatments and therapeutic reflexology. We freshened up in our rooms and hit the town, and by that I mean walked to De Warenmarkt nearby for *waterblommetjebredie*!

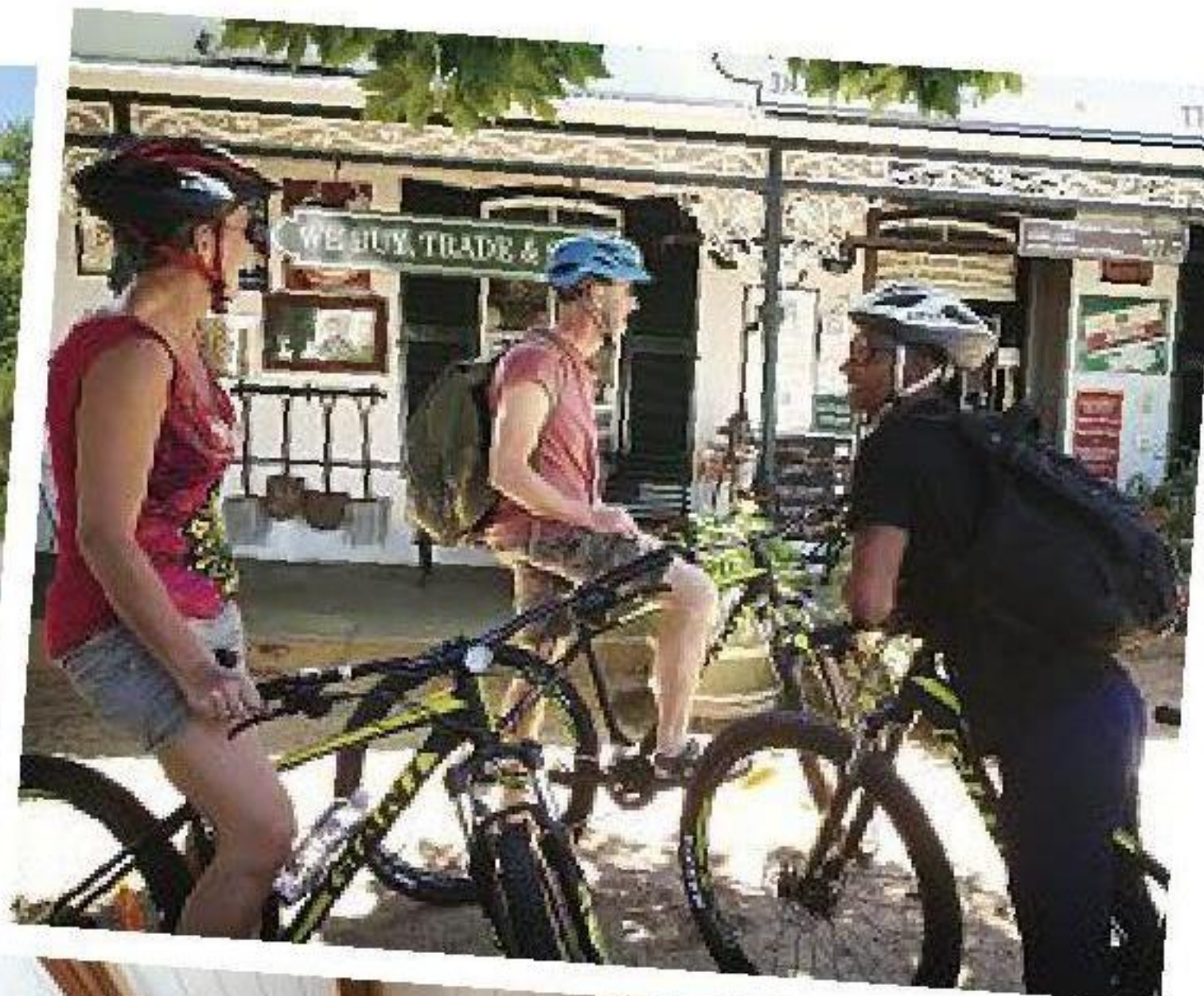
After a good night's sleep and a light breakfast at Evergreen it was time to explore Stellenbosch with a guided bicycle tour. They have e-bikes and there's wine! At Adventure Shop Stellenbosch we were kitted out and headed off on the Historical Guided Bicycle Tour, during which Sevo took us through the history of Stellenbosch.

After that we pedalled through the scenic Jonkershoek Valley (here's where that e-bike comes in handy) to Stark-Condé Wines (do yourself a favour and get a bottle of their rosé!), then to Lanzerac Wine Estate for a wine-and-chocolate tasting and a cellar tour.

It's a lot of fun and, technically, exercise, so you don't have to feel guilty about

the wine, chocolate or the lunch you'll treat yourself to afterwards at Katjeepering Restaurant in the Stellenbosch University Botanical Garden.

Now more than ever it's important to support local tourism and businesses. Visit [evergreenmanor.co.za](http://evergreenmanor.co.za) and [adventureshop.co.za](http://adventureshop.co.za) for more information. – **Charis**



**Above left** The dining room at Evergreen Manor & Spa. **Left** Exploring Stellies by bicycle. **Below left** Our room at Evergreen. **Below** A wine tasting at Lanzerac.



## Woke up like this

They had me with the name, to be honest: Glow Awakening Cream. I quite fancy the idea that I already have glowy skin, and that it's just having a little nap, ready to be gently woken by some singing birds like a Disney character.

I digress. I am savouring every bit, but this little tub of nourishing goodness by Korean brand Huxley is already in my Dermastore cart for repurchase. The moment I hit plastic at the bottom, I'm pulling the trigger. It's creamy and not overly scented, and my dry skin soaked it right up. Such a win. – **Liesl**

## Come dine with me

We have zero space in our lounge for a dining set, but believe me, the moment that changes, I know exactly what the new set-up will look like. (I'm like one of those brides who has her whole wedding plotted out on a secret Pinterest board long before she even gets engaged. Except with homeware.) I recently spotted the chameleon



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